

JANA'S CARROT, RAISIN AND COCONUT SALAD

Servings: 6-8

Here is a very quick, simple, really healthy and yummy salad. Try it!

INGREDIENTS

3 apples, sliced thin or julienne
3 carrots, sliced thin or julienne
1 Tbsp raisins, pre-soaked in warm water to soften
3 Tbsp shredded coconut
1 juice of fresh lemon
1 Tbsp honey

DIRECTIONS

1. Mix honey and lemon juice together.
2. Toss with the remaining ingredients.
3. Adjust amounts to your liking.
4. Enjoy!