

## PEANUT BUTTER ENERGY BALLS

Servings: 28-32 balls

*This is a healthy, easy to prepare, no-bake treat that you can customize to your liking. There are no mistakes and it's almost guilt-free!*

### INGREDIENTS

|         |                                 |
|---------|---------------------------------|
| 2 cups  | rolled or quick oats            |
| 1 cup   | smooth or crunchy peanut butter |
| 2 Tbsp  | honey or maple syrup            |
| 1/2 cup | unsweetened coconut             |
| 1/2 cup | chopped, pitted dates           |

### Optional additions:

Toasted nuts (such as almonds, pecans or walnuts), roasted sunflower seeds, chocolate chips, dried cranberries

### DIRECTIONS

1. Stir all ingredients in a large bowl. If the consistency is too dry, add more peanut butter.
  2. Cool in fridge for 30 minutes.
  3. Roll into 1" balls.
- Enjoy!